

	Curriculum Vitae	
1. Name:	Thai: สุวินัย แสงโย English: Suwinai Saengyo	
2. Gender: Male		
3. Position: Lecturer, Clinical Dietitian.	Professional Dietitian: กนอ.2632	
4. Work Address: Faculty of Agro-industry, Chiang Mai University, 155 Moo.2, Mae Hia, Muang District, Chiang Mai, Thailand 50100	Phone: 08 4483 0097 Email: armsuwinaai@gmail.com , suwinai.s@cmu.ac.th	
5. Education - B.Sc. (Nutrition and Dietetics), School of Medical Sciences, University of Phayao, 2015 - M.P.H. (Public Health), Faculty of Public Health, Chiang Mai University, 2023 - B.P.H. (Public Health), Faculty of Public Health, Chiang Rai Rajabhat University, 2026 - Ph.D. Candidate (Public Health), Faculty of Public Health, Chiang Mai University (Ongoing)		
6. Licensure & Certifications - 2016: Certified Dietitian of Thailand (CDT), License No. กอ.ช.1419 - 2021: Licensed Professional Dietitian, License No. กนอ.2632		
7. Research Publications 1. Wungrath J, Khumai N, Saengyo S, Phrommasen P. The Exploration of Perceptions, Attitudes, and Preventive Behaviors Regarding COVID-19 Among People in Northern Thailand After the Peak Outbreak Period: A Qualitative Study. Journal of Population and Social Studies. 2025;33:705-19. 2. Parklak W, Rerkasem A, Saengyo S, Pongtam S, Buranapin S, Rerkasem K. Measurement of Glycemic Index: A High-Protein Peptide-Based Enteral Formula. Chiang Mai Journal of Science. 2024;51(4). 3. Saengyo S, Rerkasem K, Wungrath J. Effectiveness of A Line Application Together With Telephone-Based Consultation and Education Program on The Dietary		

Knowledge and Behavior Among Caregivers of End-Stage Renal Disease Patients on Hemodialysis. *Malaysian Journal of Public Health Medicine*. 2023;23(2):282-90.

4. Rerkasem A, Nantakool S, Kulprachakarn K, Rojawat C, Ounjaijean S, Pongtam S, **Saengyo S**, et al. The Effect of Standard Compression Adjuvant with a Tailored Exercise Training Program on Health-Related Quality of Life Outcomes in Treating Adults with Venous Leg Ulcer: A Randomized Controlled Trial. *International Journal of Lower Extremity Wounds*. 2023.
5. Chongruksut W, Limpastan K, Jetjumnong C, Watcharasaksilp W, Vaniyapong T, Norasetthada T, **Saengyo S**, et al. Age as a prognostic factor of 30-day mortality in hemorrhagic stroke patients: A Thai large tertiary care referral center. *Asian Journal of Surgery*. 2020;43(10):991-5.
6. Wangsapthawi G, **Saengyo S**, Rerkasem K. Subcutaneous bleeding from arteriovenous fistula cannulation causes skin complication mimicking compartment syndrome. *Journal of Vascular Access*. 2019;20(2):232-3.
7. Thanu K, Srisuwan T, Kulprachakarn K, Pongtam S, **Saengyo S**, Rerkasem K. Thoracic central venous occlusion in patients without history of central vein catheterization. *Journal of the Medical Association of Thailand*. 2019;102(6):663-7.
8. Siriphuwanun V, Punjasawadwong Y, **Saengyo S**, Rerkasem K. Incidences and factors associated with perioperative cardiac arrest in trauma patients receiving anesthesia. *Risk Management and Healthcare Policy*. 2018;11:177-87.
9. Kulprachakarn K, Abkom P, Pongtam O, Ounjaijean S, Thongkham P, **Saengyo S**, et al. Higher Level of Chicken Consumption Associated With Less Severe Venous Disease. *International Journal of Lower Extremity Wounds*. 2017;16(4):251-4.
10. Wungrath J, Rerkasem K, **Saengyo S**, Pongtam S, Pinmars N, Chanwikrai Y. Nutrient Intake Characteristics of End Stage Renal Disease with Hemodialysis Patients at Maharaj Nakorn Chiang Mai Hospital. *Journal of community development and life quality*. 2019;7(1): 81 – 92.
11. Wungrath J, **Saengyo S**, Ummee K. Barriers to Health Care Practices That Impact Glycemic Control among the Elderly with Diabetes Mellitus. *Journal of community development and life quality*. 2018;6(2):362 –75.

12. Wungrath J, Rerkasem K, **Saengyo S**, Pongtam S, Pinmars N. Factors Predicting Food Consumption Behavior of Hemodialysis Patients with End Stage Renal Disease at Maharaj Nakorn Chiang Mai Hospital. Journal of Health Systems Research. 2018;12(4), 625-35.

8. Ongoing Research Projects

- ความสัมพันธ์ระหว่างการสัมผัสฝุ่น PM2.5 ของมารดาขณะตั้งครรภ์กับภาวะเตี้ยในเด็กอายุ 3 ขวบ: การศึกษาย้อนหลังในกลุ่มประชากรภาคเหนือของประเทศไทย “Association Between Maternal Exposure to Fine Particulate Matter (PM2.5) During Pregnancy and Stunting in Offsprings at 3 Years of Age: A Retrospective Study in Northern Thailand”
- การทำระบบทะเบียนมาตรฐานของเส้นฟอกไตในผู้ป่วยที่ต้องได้รับการฟอกเลือดด้วยเครื่องไตเทียม ของประชากรภาคเหนือ “The registry for vascular access in patients requiring hemodialysis in the Northern Thai population”